

Rurallink Rurallink

Is helping people deal with:

- Depression
- Suicide
- Anxiety
- Psychosis
- Mental health issues
- Mental health crisis

Mission Statement

"To ensure the provision of an AFTER-HOURS telephone service that is reliable, efficient and customer focused and to commit that service to the rural community of Western Australia."



Specialist AFTER-HOURS
mental health telephone service
for the rural communities
of Western Australia



Department of Health
Government of Western Australia

Initiative of the Psychiatric Emergency Team

Produced by Department of Health 2004 • HP 8429

1800 552 002
TTY 1800 720 101

About **Rurallink**

Rurallink is an after hours extension of local mental health services providing easy telephone access to experienced community mental health staff, with a focus on supporting people with mental health issues.

The service provides an after hours contact point for new and existing clients, carers, other community members, health professionals, and community and welfare services.

Rurallink is a confidential service. It operates as an integral part of local government mental health services in meeting the needs of the community and delivering continuous care and support where needed.

Operating hours

Rurallink is a dedicated AFTER-HOURS mental health telephone service available:

- **4:30pm to 8:30am Monday to Friday**
- **24 hours Saturday, Sunday and public holidays.**

Outside these times, contact your local mental health service.

During business hours you will be connected to your local community mental health clinic.

What number do I call?

The **Rurallink** number is a free call number:

1800 552 002
TTY 1800 720 101

Clients and Carers

Rurallink offers new and existing clients information, advice, assessment and assistance to access appropriate services and carer support.

Members of the Community

Rurallink offers members of the community prompt assistance, a single point of contact AFTER-HOURS for information, advice, assessment and/or referral, and where necessary access to appropriate mental health services or follow up.

Health Professionals and Community Welfare Service Providers

Rurallink offers medical practitioners, health professionals, and community and welfare service providers AFTER-HOURS telephone support, information and advice on mental health matters.

***Remember: AFTER-HOURS
and on weekends***

Rurallink

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