



Media Release

Tuesday, 4 December

For immediate release

Cakecophany for Consumption

Showing at Central TAFE Art Gallery next week are a series of inspired and soulful drawings, paintings, textiles, ceramics and digital works produced by clients of Reflections Art Studio in Northbridge.

'Cup cakes' was a chosen theme for one of Reflections' painting classes. Consequently - a colourful variety of works make up the "Cakecophany" exhibition and sale held at Central TAFE Showcase Space, on Tuesday 11th December 2007, at 3.30pm. The exhibition will then be open Wednesday 12th through to Saturday 16th December 2007, from 10.00am to 4.00pm.

Reflections Art Studio forms part of the Creative Expression Centre for Arts Therapy unit within the North Metropolitan Area Health Service, Mental Health. "Reflections concentrates on promoting mental health, wellbeing and recovery through visual art in a supportive environment for adults living with the effects of persistent mental illness," says Penny Kordyl, Manager Reflections Art Studio.

The facility (comprising of painting, ceramic and textile studios) is founded on the belief that engaging in art is life sustaining, that people are inherently creative and use their creativity for personal healing and recovery. Artwork is undertaken in open studios where participants work on their own projects or in more structured class settings that facilitate the learning of particular art skills and techniques.

Having opened in April 2006, Reflections Art Studio is now close to operating at maximum capacity, with 60 people currently participating in the studio program.

Media enquiries:

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Additional information:

Central TAFE Showcase Space is located at 12 Aberdeen Street, (Cnr Aberdeen & Beaufort Streets) Northbridge

Reflections Art Studio is located at 125 Aberdeen Street, Northbridge

