TITLE – Bipolar Affective Disorder - Mania

Unit Outline

HRIS/Lattice Unit Code:

Credit points:

Pre requisites: nil

Target Group: mental health practitioners

Mode of Delivery: onsite or off site lectures

Model of Delivery Details: PowerPoint presentation

Duration of Course: 1.0 hrs

Purpose: This course examines the theoretical and clinical symptomology of Bipolar Affective disorder- manic phase. The course explores the causes and the use of medication and evidence based treatments used to improve the outcomes for patients diagnosed with Bipolar Affective disorder.

Outcomes: At the end of this session participants should be able to:
1. Define Bipolar Disorder
2. List the causes
3. Identify the signs and symptoms
4. Discuss treatments
5. Identify the different types of medication used
6. Write down the nursing management

Course Content:
- Definition and types of bipolar disorders
- Causes of Bipolar Affective disorder (BPAD)
- Signs & symptoms
- Case study
• Medications used to treat bipolar Affective Disorder– Manic Phase
• Therapies
• Nursing Management of clients with Bipolar Affective disorder – Manic Phase

**Teaching & Learning Strategies:**
The course is conducted by a trainer utilising a PowerPoint presentation to guide participants learning. To support embedding knowledge on this topic, case studies and group discussion on signs, symptomlogy medication and nursing treatment strategies are featured strongly in this course.

**Teaching & Learning Resources:**
- PowerPoint Presentation
- PowerPoint presentation handouts
- Participant notes including case studies

**Assessment:**
Participants will be encouraged to actively participate in the case study analysis and group discussions

**Course and Trainer Evaluation:**
Participants will be given a course and trainer evaluation questionnaire to complete at the end of the course

**Text References:**


http://en.wikipedia.org/wiki/Bipolar_disorder